

## lunch deal

drink + bowl 15  
drink + sandwich 17

available 11am-3pm

drinks available:

london essence soft drinks  
coke zero | diet coke | lemonade  
trip cbd | lucky saint

upgrade to wine, bottled beer  
or cocktail for £3 extra

lecap rose 5% | custoza bianco  
| vinho regional tinto | stella  
artois | camden hells | camden  
pale | jubel peach / grapefruit |  
midday margarita | lowgroni

from  
£15

## pizzas

12 inch hand stretched

**classic pepperoni gf\*** ..... 14.5  
crushed tomato, fior di latte  
mozzarella, crispy pepperoni

**chicken alfredo gf\*** ..... 14  
alfredo béchamel, lemon &  
herb chicken, garlic butter  
crust, rocket, black pepper,  
parmesan

**margherita ve\*/gf\*** ..... 12.5  
crushed tomato, fior di latte  
mozzarella, basil

**cheeseboard v/gf\*** ..... 13.5  
garlic & parmesan cream,  
gorgonzola, smoked  
scamorza, fior di latte  
mozzarella, roasted garlic  
honey

**aubergine  
parmigiana ve\*/gf\*** ..... 13  
crushed tomato, pesto  
roasted aubergine, smoked  
scamorza, parmesan

## sharers

serves 2-4 guests

**box baked  
camembert v/gf\*** ..... 21  
roasted garlic honey &  
rosemary, grilled focaccia &  
roasted potatoes

**slider platter ve\*** ..... 36  
8 bite sized chicken, cheese  
or plant burgers with fries &  
dips

**nachos v/gf ... small 12/large 24**  
blue & yellow corn tortillas,  
tomato salsa, guacamole,  
sour cream, cheese fondue &  
pickled pink onions  
+ shredded chicken £4

## build your own bowl

available for dining in or collection from 10am  
choose a base, protein & two extras ..... 12.5

### proteins

**forest mushroom  
stifado ve/gf** .....  
pearl onions, fragrant  
spiced tomato & red  
wine sauce

**marinated chicken gf** .....  
herb, date & molasses  
glaze chicken thighs

**blackened  
salmon** ..... +2.5  
pan fried fillet, cajun  
spiced worcestershire  
sauce

**brisket goulash gf** .....  
slow cooked with  
paprika, tomato,  
peppers & onions

### extras

**crispy smash  
potatoes v/gf** .....  
herb oil dressing, grated  
parmesan

**savoury drop  
scone v** .....  
grilled mature cheddar  
scone & roasted garlic  
butter

**remoulade v** .....  
shredded celeriac,  
fennel & green apple,  
wholegrain mustard,  
crème fraîche & lemon  
dressing

### bases

**rice ve/gf**  
seasoned sushi rice &  
crispy onions

**grains ve**  
lentil, bulgar wheat &  
quinoa, coriander &  
jalapeño

**roots ve/gf**  
roasted beetroot,  
parsnip & carrot

**greens ve/gf**  
kale & baby spinach,  
garlic dressing



**tenderstem  
broccoli ve** .....  
miso, sesame & lime  
dressing

**seasonal pasta  
salad ve** .....  
durham wheat farfalle,  
grilled green beans &  
rocket pesto

**caesar v** .....  
mixed leaves, olives,  
focaccia crisps, shaved  
parmesan & caesar  
dressing

## sandwiches & burgers

all served with fries or dressed leaves.  
upgrade to sweet potato fries for £1

**open steak sandwich gf\*** ..... 17.5  
marinated flat iron steak, roasted cherry tomato, pea  
shoots, wholegrain mustard aioli, toasted sourdough

**fish finger sandwich** ..... 16.5  
panko coated haddock, tartare sauce, shredded romaine,  
toasted sourdough

**fondue grilled cheese v/gf\*** ..... 14.5  
4 cheese fondue, red onion chutney,  
house pickles, toasted sourdough

**chicken cordon bleu bun** ..... 17.5  
panko coated chicken thigh, melted taleggio, crispy  
prosciutto, wholegrain mustard aioli, pea shoots, toasted  
oat milk bun

**cheeseburger gf\*** ..... 19.5  
two dry-aged steak smash patties, double american  
cheese, iceberg lettuce, pickles, comeback sauce, toasted  
sesame brioche bun

**plant burger ve/gf\*** ..... 18  
simplicity patty, vegan smoked applewood, crispy onions,  
rocket, comeback sauce, toasted oat milk bun

**chicken club gf\*** ..... 15  
lemon & herb chicken, shredded iceberg, crispy shallots,  
aioli, tomato, toasted sourdough

## small plates

**beetroot carpaccio ve/gf** ..... 7.5  
trio of heritage beetroot,  
coconut tahini yoghurt, dukkah &  
pomegranate

**chicken & porcini  
meatballs** ..... 9.5  
rathfinny english sparkling &  
parmesan cream, parsley, toasted  
focaccia

**smoked scamorza  
& leek croquettes v** ..... 8.5  
autumn fruit chutney, green herb oil,  
pea shoots

**chilli panko prawns** ..... 9.5  
panko coated king prawns, aleppo  
honey

**buffalo chicken  
wings gf\*** ..... small 8.5/large 18  
crispy fried drums & flats, blue  
cheese dip & chives

**crispy cauliflower v/ve\*** ..... 8  
lightly spiced cauliflower florets,  
whipped lemon & pink pepper ricotta,  
roasted red grapes & pine nuts

## sides

any of our bowl extras  
are available as sides ..... 5 each

**skin on fries ve/gf** ..... 5  
+ truffle & parmesan 2.5 v  
+ cheese fondue 2.5 v

**sweet potato fries v/gf** ..... 6

**halloumi fries v** ..... 7  
aleppo pepper honey

## free-flowing drinks & pizza

£45

90 minutes of free flowing  
pizza & drinks with a MOTH  
cocktail on arrival

available all day friday & saturday



SCAN TO VIEW CALORIES  
please always inform your server of any allergies  
or intolerances before placing your order. not all  
ingredients are listed on the menu and we cannot  
guarantee the total absence of allergens. adults  
need around 2000 kcal a day

v = vegetarian  
ve = vegan  
gf = gluten intolerant friendly  
v\* = vegetarian option available  
ve\* = vegan option available  
gf\* = gluten free option available

12.5% discretionary service  
charge will be added to your bill

# food

**dear  
grace**