

lunch deal

drink + bowl 15
drink + sandwich 17

available 11am-3pm

drinks available:

london essence soft drinks
coke zero | diet coke | lemonade
trip cbd | lucky saint

upgrade to wine, bottled beer
or cocktail for £3 extra

lecap rose 5% | custoza bianco
| vinho regional tinto | stella
artojs | camden hells | camden
pale | jubel peach / grapefruit |
midday margarita | lowgroni

from
£15

pizzas

12 inch hand stretched

classic pepperoni gf* 14.5
crushed tomato, fior di latte
mozzarella, crispy pepperoni

chicken alfredo gf* 14
alfredo béchamel, lemon &
herb chicken, garlic butter
crust, rocket, black pepper,
parmesan

margherita ve*/gf* 12.5
crushed tomato, fior di latte
mozzarella, basil

cheeseboard v/gf* 13.5
garlic & parmesan cream,
gorgonzola, smoked
scamorza, fior di latte
mozzarella, roasted garlic
honey

**aubergine
parmigiana ve*/gf*** 13
crushed tomato, pesto
roasted aubergine, smoked
scamorza, parmesan

sharers

serves 2-4 guests

**box baked
camembert v/gf*** 21
roasted garlic honey &
rosemary, grilled focaccia &
roasted potatoes

slider platter ve* 36
8 bite sized chicken, cheese
or plant burgers with fries &
dips

nachos v/gf ... small 12/large 24
blue & yellow corn tortillas,
tomato salsa, guacamole,
sour cream, cheese fondue &
pickled pink onions
+ shredded chicken £4

build your own bowl

available for dining in or collection from 10am
choose a base, protein & two extras 12.5

proteins

**forest mushroom
stifado ve/gf**
pearl onions, fragrant
spiced tomato & red
wine sauce

marinated chicken gf
herb, date & molasses
glaze chicken thighs

**blackened
salmon** +2.5
pan fried fillet, cajun
spiced worcestershire
sauce

brisket goulash gf
slow cooked with
paprika, tomato,
peppers & onions

extras

**crispy smash
potatoes v/gf**
herb oil dressing, grated
parmesan

**savoury drop
scone v**
grilled mature cheddar
scone & roasted garlic
butter

remoulade v
shredded celeriac,
fennel & green apple,
wholegrain mustard,
crème fraîche & lemon
dressing

bases

rice ve/gf
seasoned sushi rice &
crispy onions

grains ve
lentil, bulgar wheat &
quinoa, coriander &
jalapeño

roots ve/gf
roasted beetroot,
parsnip & carrot

greens ve/gf
kale & baby spinach,
garlic dressing



**tenderstem
broccoli ve**
miso, sesame & lime
dressing

**seasonal pasta
salad ve**
durham wheat farfalle,
grilled green beans &
rocket pesto

caesar v
mixed leaves, olives,
focaccia crisps, shaved
parmesan & caesar
dressing

sandwiches & burgers

all served with fries or dressed leaves.
upgrade to sweet potato fries for £1

open steak sandwich gf* 17.5
marinated flat iron steak, roasted cherry tomato, pea
shoots, wholegrain mustard aioli, toasted sourdough

fish finger sandwich 16.5
panko coated haddock, tartare sauce, shredded romaine,
toasted sourdough

fondue grilled cheese v/gf* 14.5
4 cheese fondue, red onion chutney,
house pickles, toasted sourdough

chicken cordon bleu bun 17.5
panko coated chicken thigh, melted taleggio, crispy
prosciutto, wholegrain mustard aioli, pea shoots, toasted
oat milk bun

cheeseburger gf* 19.5
two dry-aged steak smash patties, double american
cheese, iceberg lettuce, pickles, comeback sauce, toasted
sesame brioche bun

plant burger ve/gf* 18
simplicity patty, vegan smoked applewood, crispy onions,
rocket, comeback sauce, toasted oat milk bun

chicken club gf* 15
lemon & herb chicken, shredded iceberg, crispy shallots,
aioli, tomato, toasted sourdough

small plates

beetroot carpaccio ve/gf 7.5
trio of heritage beetroot,
coconut tahini yoghurt, dukkah &
pomegranate

**chicken & porcini
meatballs gf*** 9.5
rathfinny english sparkling &
parmesan cream, parsley, toasted
focaccia

**smoked scamorza
& leek croquettes v** 8.5
autumn fruit chutney, green herb oil,
pea shoots

chilli panko prawns 9.5
panko coated king prawns, aleppo
honey

**buffalo chicken
wings gf*** small 8.5/large 18
crispy fried drums & flats, blue
cheese dip & chives

crispy cauliflower v/ve* 8
lightly spiced cauliflower florets,
whipped lemon & pink pepper ricotta,
roasted red grapes & pine nuts

sides

any of our bowl extras
are available as sides 5 each

skin on fries ve/gf 5
+ truffle & parmesan 2.5 v
+ cheese fondue 2.5 v

sweet potato fries v/gf 6

halloumi fries v 7
aleppo pepper honey

free-flowing drinks & pizza

£45

90 minutes of free flowing
pizza & drinks with a MOTH
cocktail on arrival

available all day friday & saturday



SCAN TO VIEW CALORIES
please always inform your server of any allergies
or intolerances before placing your order. not all
ingredients are listed on the menu and we cannot
guarantee the total absence of allergens. adults
need around 2000 kcal a day

v = vegetarian
ve = vegan
gf = gluten intolerant friendly
v* = vegetarian option available
ve* = vegan option available
gf* = gluten free option available

12.5% discretionary service
charge will be added to your bill

food

**dear
grace**